Reducing Tobacco Use in LGBT Communities: How Can We Do Better?

Faculty
Phoenix Matthews, PhD, Associate Professor and Clinical Psychologist, University of Illinois at Chicago

Sponsors
The Arkansas Department of Health and The National LGBT Health Education Center

Date/Time
Tuesday, May 5, 2015, 1:00pm ET

Learning Objectives
By the end of this session, learners will be able to:

1. Summarize rates of disparities in smoking and tobacco use among LGBT people
2. Describe contributing factors to smoking disparities among LGBT people
3. Review the state of the science on smoking cessation interventions for LGBT people
4. Identify best practices for smoking cessation among LGBT populations

Description
Lesbian, gay, bisexual, and transgender (LGBT) people smoke at roughly twice the rate of non-LGBT people, putting them at elevated risk for smoking-related health disparities. In this webinar, Phoenix Matthews, PhD, Associate Professor and Clinical Psychologist at the University of Illinois at Chicago, will educate participants about smoking disparities among LGBT people, including a discussion of what motivates LGBT people to smoke, what clinicians can do to help LGBT people quit, and what the state of the science says about smoking cessation interventions for LGBT people. Dr. Matthews is nationally and internationally known for health disparities research with underserved populations primarily focused on culturally targeted cancer risk reduction interventions. Currently Dr. Matthews is the Principal Investigator of an NIH-funded study to conduct a randomized clinical trial of a smoking cessation intervention for adult smokers.

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