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### **WORKING WITH CIGNA**

ARKANSAS MEDICAL SOCIETY OCTOBER 2019



#### **Working with Cigna**

#### Today's agenda

- Cigna plans
- Onboarding and demographic updates
- Quality, cost-efficiency, and Cigna Care Designation
- Cigna for Health Care Professionals website (CignaforHCP.com)
- Digital Solutions
- Claims Processing
- Appeals
- Keeping you updated
- Questions?



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## CIGNA PLANS



#### Cigna plans

- Cigna Choice Fund<sup>®</sup>
- Cigna Connect
- Cigna Global Health Benefits<sup>®</sup>
- Exclusive Provider Organization (EPO)
- Health Maintenance Organization (HMO)
- LocalPlus<sup>®</sup>
- LocalPlus IN Network

- Network Open Access
- Open Access Plus (OAP)
- Open Access Plus In-Network (OAPIN)
- Point of Service (POS)
- Preferred Provider Organization (PPO)
- Shared Administration Repricing (SAR)

Providing access to local, quality, cost-effective care.



<sup>\*</sup> Some plans available with option of a health reimbursement account or health savings account (HRA/HSA).



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## ONBOARDING AND DEMOGRAPHIC CHANGES



#### The onboarding process

Step	Detail
Application intake	<ul> <li>State application or National Committee for Quality Assurance (CAQH) profile</li> <li>Two copies of the Cigna Provider Agreement</li> <li>Other supporting documents and information as requested <ul> <li>Cigna Physician Information form</li> <li>Roster of health care professionals in your group with National Provider Identifiers (NPIs)</li> <li>Sample CMS-1500 claim form</li> <li>Form W-9 Request for Taxpayer Identification Number (TIN) and Certification</li> </ul> </li> </ul>
Application review	<ul> <li>Network need (specialty, access, etc.)</li> <li>Review supporting documents received during application intake</li> <li>Outreach for missing or inaccurate information</li> </ul>
Credentialing verification	<ul> <li>Board certification, education, and training</li> <li>Work history, malpractice history, and sanctions</li> <li>Certificate of Insurance</li> <li>Drug Enforcement Administration (DEA) license, if applicable</li> <li>Physician license, as applicable</li> <li>Hospital privileges or coverage, if applicable</li> </ul>
Credentialing Committee review	<ul> <li>NCQA, Centers for Medicare &amp; Medicaid Services (CMS), and state standards</li> <li>Comprehensive final review and approval determination</li> </ul>
Post-determination activities	<ul> <li>Notify provider of determination – approved or not approved</li> <li>Load demographic data of approved providers in directory and claim systems</li> <li>Send contract and welcome packet to approved provider</li> </ul>



#### **Expediting the credentialing process**

#### How you can help expedite the credentialing process

- When submitting your CAQH profile or state application:
  - Make sure it's complete (answer all questions)
  - Sign and date within 180 days
- Attach the applicable supporting documentation
- Follow any state-specific requirements
- Sign and return both Provider Agreements
- Respond in a timely manner to requests for additional information

#### Most common issues

- The CAQH profile has not been updated and attested to confirm accuracy and that it's in good status, or it's not authorized for Cigna access.
- The application is missing information or a data discrepancy is identified.
- Requested information was not returned in a timely manner.
- Only one signed Provider Agreement was returned.





#### **Demographic changes**

Please notify us in writing 90 days before changing your office or billing address, telephone number, Taxpayer Identification Number (TIN), National Provider Identifier (NPI), or specialty. You can submit your demographic changes by email, fax, mail, or online. Refer to the chart below to identify the contact information for your state.\*

#### How you can submit changes

Email: <a href="mailto:lntake\_PDM@Cigna.com">lntake\_PDM@Cigna.com</a>

Fax: 1.877.358.4301

Mail: Cigna

Provider Data Management Two College Park Drive Hooksett, NH 03106

Online: Cigna for Health Care

Professionals website (CignaforHCP.com

> Resources > Forms)

## New requests and existing contract inquiries

Email: MedicalOnboarding@Cigna.com

Fax: 1.866.509.4544

#### **Credentialing status inquiries**

Telephone: 1.800.88Cigna (882.4462) select

the options for credentialing

Email: OnboardingStatus@Cigna.com



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## QUALITY, COST-EFFICIENCY, AND CIGNA CARE DESIGNATION

Recognizing quality, cost-efficient care among providers





# Cigna Care designated physicians

are rated in both quality and cost-efficiency



Physicians who earn the 2020 Cigna Care Designation are identified in our online directory by this unique symbol.

#### Online quality recognition and cost-efficiency displays

#### Quality recognition displays

- National Committee for Quality Assurance (NCQA) recognition for:
  - Diabetes
  - Heart/Stroke
  - Physician Practice Connections
  - Patient-Centered Medical Home
  - Patient-Centered Specialty Practice
- American Board of Medical Specialties
- Evidence-Based Medicine Standards

#### Cost-efficiency symbols

- ★★★ 3 stars results in the top category for cost efficiency
  - ★ ★ 2 stars results in the middle category for cost efficiency
  - ★ 1 star results in the lower category for cost efficiency



#### **Reviewed specialties**

#### 18 specialties

- Allergy and immunology
- Cardiology
- Cardiothoracic surgery
- Dermatology
- Ear, nose, and throat
- Endocrinology
- Gastroenterology
- General surgery
- Hematology and oncology\*

- Nephrology
- Neurology
- Neurosurgery
- Ob-gyn
- Ophthalmology
- Orthopedics and surgery
- Pulmonology
- Rheumatology
- Urology

#### 3 primary care physician types

- Family practice
- Internal medicine
- Pediatrics

The **21 specialty types** reviewed account for more than 87% of primary and specialty care spending based on claims data.



<sup>\*</sup> Does not include radiation oncology

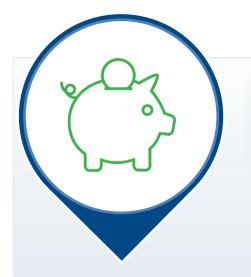
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## CIGNA FOR HEALTH CARE PROFESSIONALS WEBSITE

CignaforHCP.com



## Patient and Plan Detail tab enhancements – plan renewal indicator and health account status



## HRA, HSA, and FSA\* information and plan renewal indicator

Quickly see when your patient's plan renews and if your patient has one of these health accounts.











Plan Type: Choice Fund HSA Open Access Plus - CareLink





PATI	ENT	AND	PLA	N DET	TAIL

Patient Detail	Plan and Network Detail

ID#:U01234567 01 Am I in-network for this patient?

Plan Renews On: Calendar Year HRA: Yes

Plan Funding Type: ASO

HSA: Yes FSA: Yes Other Insurance: No

Gender:Female Date of Birth: 01/20/1968

Name: John E Doe

Initial Coverage Date: 01/01/2002 Current Coverage From: 01/01/2002 Current Coverage To: Present Other Insurance Verified: 04/01/2018

\*Health reimbursement account, health savings account, and flexible spending account

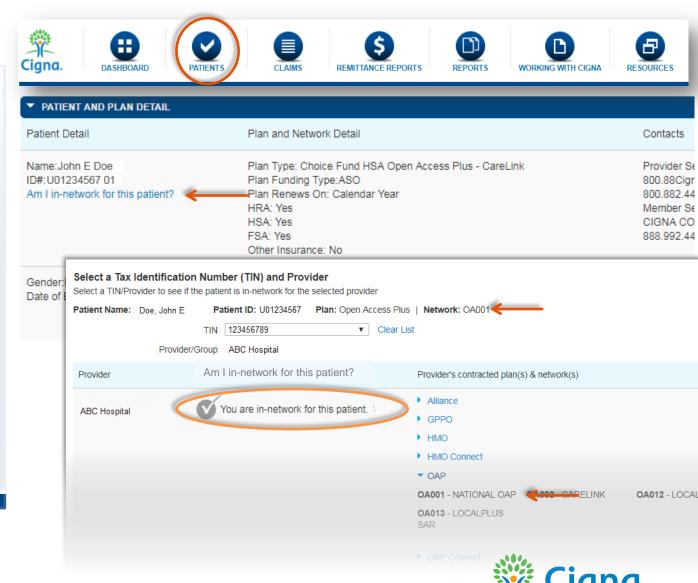


#### Patient and Plan Detail tab enhancements – network status



## Am I in-network for this patient?

Click a link to quickly view the plans and networks you participate in and see if you are in network for this patient.



## Notification, Referral, and Precertification Requirements tab enhancements – provider directory links



## Link to provider directory

Need to search for an innetwork specialist or facility when referring a patient? Now you can link to the provider directory from the patient screens.















▼ NOTIFICATION, REFERRAL AND PRECERTIFICATION REQUIREMENTS		
Medical Management Level : Complete	In-Network	Out-of-Network
Failure to Notify Cigna	Applies	Applies
Precertification not approved	Applies	Applies
Additional days not approved	Applies	Applies
Emergency Service Notification	2 Business Days	2 Business Days
Outpatient Precertification	Yes	Yes
Inpatient Precertification	Yes	Yes
Continued Stay Review	Yes	Yes
Referral Required	No	No

View Coverage Positions
View Medical Precertification Information
View Referral Requirements
View Pharmacy Prior Authorization
Provider Directory
Behavioral Directory



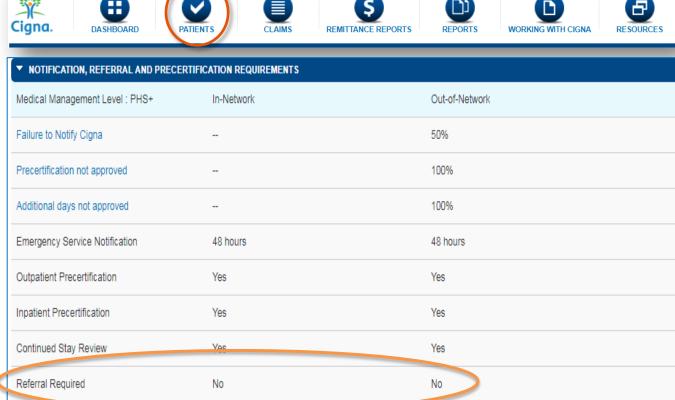


## Notification, Referral, and Precertification Requirements tab enhancements – Referral Required indicator



#### **Referral Required**

The Referral Required indicator is now available for SureFit and non-SureFit patients.





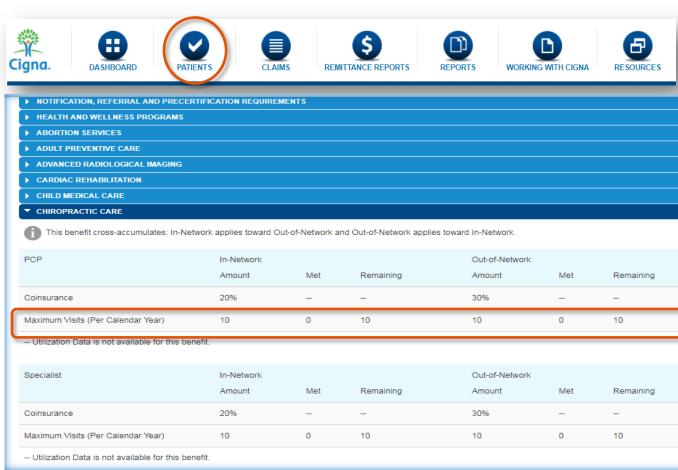


#### Frequency and utilization data



## Frequency and utilization data

For certain patient benefits, you will be able to see the number of visits used and the number remaining.





#### CignaforHCP.com – pended claims enhanced feature

#### **OVERVIEW**

Enhancement to electronically submit attachments for pended claims

#### What's happening?

- A new feature on the Cigna for Health Care Professionals website (CignaforHCP.com) will allow you to submit supporting documentation for pended claims that is needed to process them.
- In addition, the pend reason codes will more clearly explain what additional information is needed.

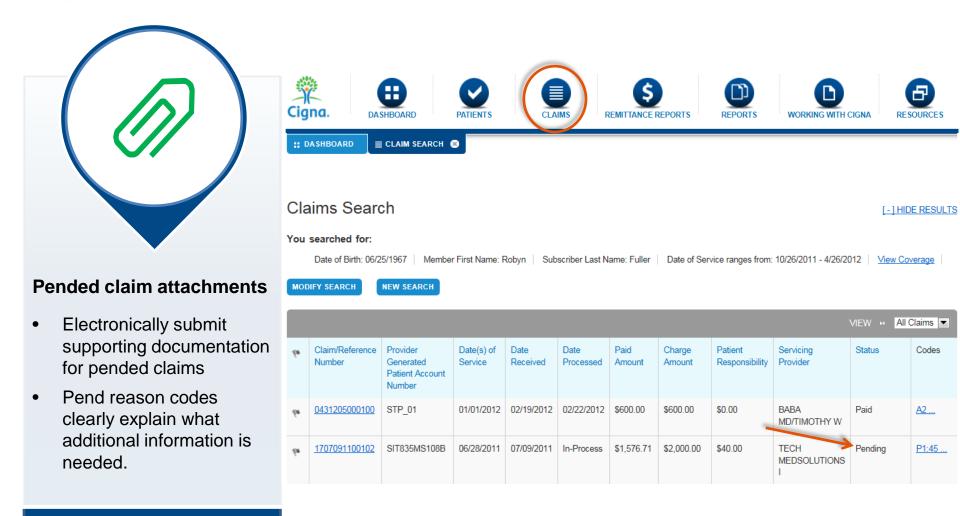
#### You'll be able to:

- More easily determine what documentation is needed.
- Submit requested information quickly.
- Reduce administrative costs related to pended claims, such as conducting research, calling Cigna, gathering appropriate medical records, and mailing the documentation.
- Streamline processing times of pended claims.
- Potentially avoid claim denials as the result of missing submission deadlines.

When you use this feature, we'll be able to process your pended claims more quickly.



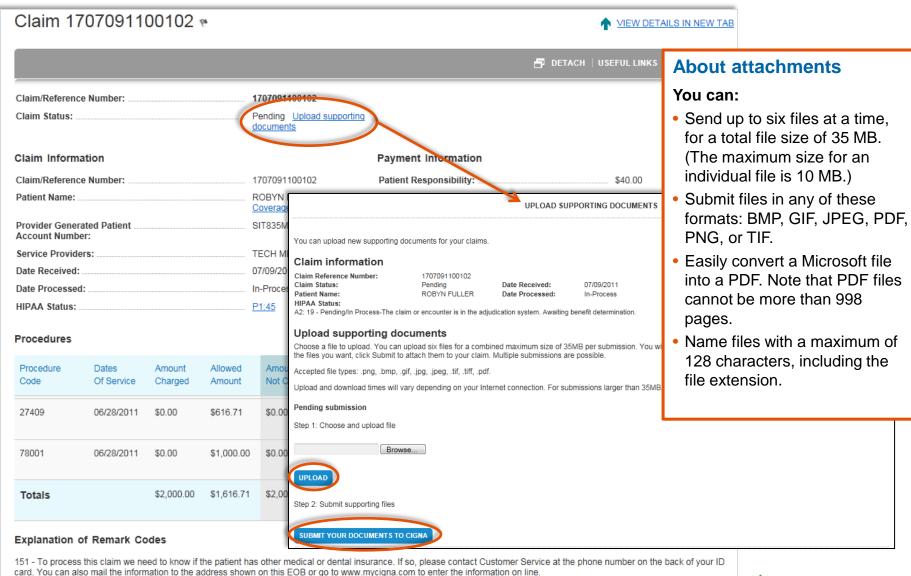
#### Claim Details screen enhancements



When you use this feature, we'll be able to process your pended claims more quickly.



#### Pended claim attachments details



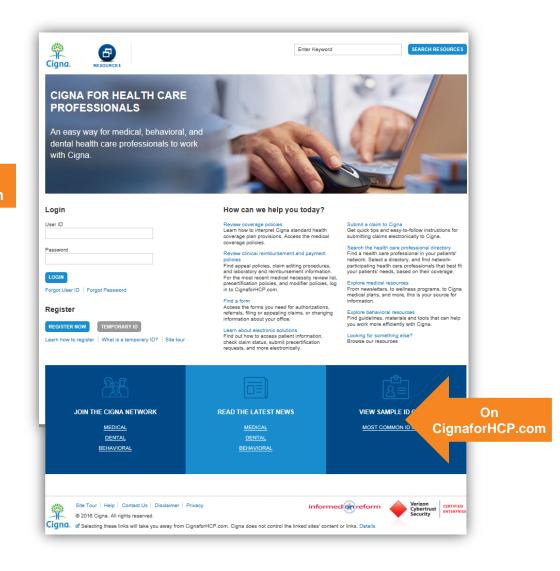
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### DIGITAL ID CARD TOOL



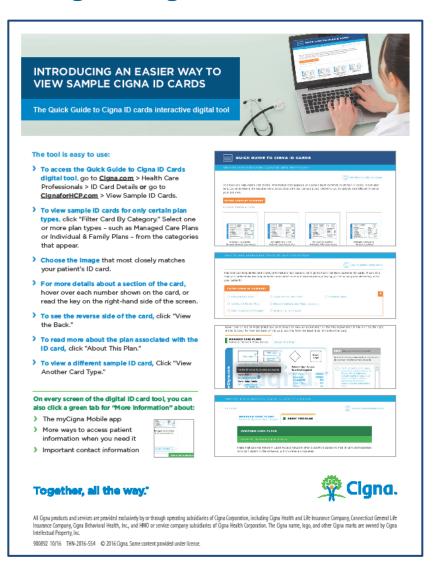
#### Accessing the digital ID card tool







#### Using the digital ID card tool



#### **Key features**

- Interactive, easy-to-navigate tool on Cigna.com
- Quick online access to patient ID card samples, plan details and requirements, direct links to the provider directory, Provider Digital Solutions options, myCigna mobile app overview, important contacts, and more.

#### **View tool**

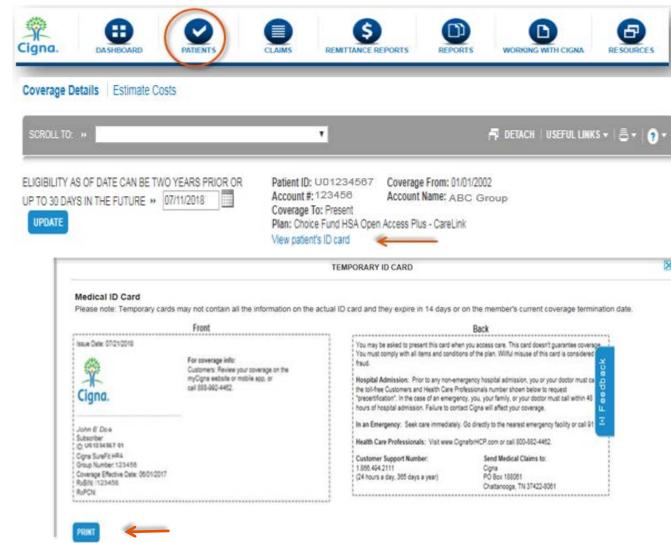


#### Patient digital ID card tool



#### View patient's ID card

You can now view your patient's ID card online, and print a copy.





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### REAL TIME BENEFIT CHECK

Help patients avoid surprises at the pharmacy



#### **Current prescribing challenges**

#### **Patient**



Sticker shock, treatment delays

#### **Provider**



Lack of information, administrative burdens

#### **Plan**



Higher costs, lower performing benefit designs, lower net promoter scores

#### **Pharmacy**



Abandoned prescriptions



Opportunities to reduce stakeholder

frustration and

unintended consequences



#### Cigna's real time benefit check (RTBC) answers these needs



#### Provide patient-specific prescription benefit information at the point of care





#### Real customer needs satisfied in real time

- ✓ Patient cost shares
- ✓ Patient channel options and their cost (e.g., 30 day at retail, 90 day at mail)
- Therapeutic alternatives
   with patient costs displayed
   to providers
- ✓ Patient specific coverage status and flags (e.g. prior authorization, step therapy, quantity limits)

As a result, RTBC allows the provider and their patient to discuss available options, including costs, before the patient leaves for the pharmacy, avoiding surprises at the pharmacy counter.



#### **How RTBC works**

## RTBC delivers actionable prescription information through an automatic service within providers' existing ePrescribing workflow



Provider selects medication and customer's preferred pharmacy



ePrescribing capability within electronic health record (EHR) automatically sends request for **Real Time Rx benefits** information



Cigna returns patient-specific pharmacy benefit information to provider



Provider discusses options with Cigna customer to finalize optimal prescription



ePrescription sent to preferred or optimal pharmacy



If required, real-time ePrior Authorization workflow may also be accessible to provider



#### **Key RTBC takeaways**



#### > If your organization has RTBC up and running:

- Ask about awareness
- Determine whether providers are actually 'seeing' the RTBC responses in the EMR system during the ePrescribing process
- Obtain feedback on how useful the RTBC information is and whether it has resulted in meaningful conversations with customers and changes to lower cost alternatives

#### > If your organization does not have RTBC operational:

- Ask about awareness
- Confirm the EMR system used by the group, RTBC capability status, and future plans/timing to implement
- Obtain feedback on requirements for RTBC activation from the group's EMR vendor



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### PROVIDER DIGITAL SOLUTIONS



#### **Precertification on CignaforHCP.com**

You can access the new precertification page on CignaforHCP.com > Learn about the precertification process, or go to CignaforHCP.com/precertification.

#### Precertification



#### PRECERTIFICATION GUIDELINES

Precertification can be complicated. Knowing the right place to start can make a big difference.

Below you will find when and where to submit precertification requests to Cigna and Cigna's national ancillary vendors for the following:

- Medications
- Medical Procedures
- Durable Medical Equipment
- Hi-Tech Imaging
- · And other services

You'll also find answers to some of the most frequently asked questions related to precertification.

#### First, determine if precertification is required

To view the complete list of services that require precertification of coverage:

- . Log in to CignaforHCP.com
- Click on "Precertification Policies" under "Useful Links"

Not registered yet? Go to CignaforHCP.com and click on "Register Now"

Please note: Precertification of coverage is not required for emergency services. However, emergency services that result in an inpatient hospital admission must be reported within one business day of the admission unless dictated otherwise by state mandate.

#### Then, follow the service specific precertification process

Medications

To request prior authorization for medications, please visit PromptPA.



## CIGNA FOR HEALTH CARE PROFESSIONALS WEBSITE

Method one





#### **Cigna for Health Care Professionals website**

#### Does my patient's plan require precertification?



Log in to the Cigna for Health Care Professionals website (CignaforHCP.com)

Search for your patient.
Once on the Coverage
Details page, scroll down to
the Notification, Referral and
Precertification
Requirements section.















▶ PLAN LEVEL COINSURANCE, DEDUCTIBLES AND MAXIMUMS			
▶ PRIMARY CARE PHYSICIAN NAME AND ADDRESS			
▼ NOTIFICATION, REFERRAL AND PRECERTIFICATION REQUIREMENTS			
Medical Management Level : PHS	In-Network	Out-of-Network	
Failure to Notify Cigna	Applies	Applies	
Pre-certification not approved	Applies	Applies	
Additional days not approved	Applies	Applies	
Emergency Service Notification	2 Business Days	2 Business Days	
Outpatient Precertification	Yes	Yes	
Inpatient Precertification	Yes	Yes	
Continued Stay Review	Yes	Yes	
Referral Required	Yes	Yes	

View Coverage Positions

View Medical Precertification Information

View Referral Requirements

View Pharmacy Prior Authorization



#### **Cigna for Health Care Professionals website**

#### Does this outpatient service require precertification?



if coverage details indicate that outpatient services require precertification:

Click View Medical Precertification Information. This will bring you to the Precertification Policies page.

▼ NOTIFICATION, REFERRAL AND PRECERT	TIFICATION REQUIREMENTS	
Medical Management Level : PHS+	In-Network	Out-of-Network
Failure to Notify Cigna		50%
Precertification not approved		100%
Additional days not approved		100%
Emergency Service Notification	48 hours	48 hours
Outpatient Precertification	Yes	Yes
Inpatient Precertification	Yes	Yes
Continued Stay Review	Yes	Yes
Referral Required	No	No

View Coverage Positions

View Medical Precertification Information

View Referral Requirements

View Pharmacy Prior Authorization

Provider Directory Behavioral Directory



#### **Cigna for Health Care Professionals website**

#### **Master Outpatient Precertification List**



#### Click Master Outpatient Precertification List

This is a searchable, detailed listing of procedures and corresponding codes for services that require precertification.

To search for a procedure code, click Ctrl + F.

#### Precertification Policies

- Learn about our precertification policies, requirements and affected procedures
- Master Outpatient Precertification List a detailed listing of procedures and corresponding codes.
- Oncology Drugs Requiring Precertification through eviCore Healthcare
- R21 Precertification Reimbursement Policy
- · Notification of Changes to Precertification List
- Dialysis Prenotification
- Precertification Policy
- Medicare Primary Precertification Policy
- · Obtaining Precertification
- Services Requiring Precertification For APWU patients requiring precertification, call 1.800.582.1314.
- Outpatient Personal Health Solutions Plus (PHS+)
- Failure to Obtain Precertification

#### MASTER PRECERTIFICATION LIST

For Providers

August 2018

Code	Code Description	Addition / Removal
Revenue Code 0333	Radiology-Therapeutic and/or Chemotherapy Administration- Radiation Therapy	Precertification delegated to eviCore healthcare (formerly CareCore) National Radiation Therapy Program; Added 02/27/2016
evenue	Intensive outpatient services-psychiatric	Added 08/27/2015



#### **Cigna for Health Care Professionals website**

#### General precertification information and the Master Outpatient Precertification List



### From the Resources tab, you can also find:

- General precertification information. Click Precertification.
- The Master Outpatient Precertification List. Click Reimbursement and Payment Policies > Precertification Policies > Master Outpatient Precertification List.

















#### BROWSE RESOURCES DOCUMENTS



Precertification
Learn how to properly request precertification for medical procedures, delegated ancillary vendors, and medications.



Medical Resources
Explore our newsletters,
case management and
wellness programs,
medical plans, and more.



Resources
Find information, drug
lists and prior
authorization forms.

Pharmacy



Resources

Review treatment
guidelines for level of
care determinations and
clinical practice.

Behavioral Health



Manage Find the r up-to-date working to document contract.

Behavio



Reimbursement and Payment Policies
Find appeal policies,

Find appeal policies, claim editing procedures, laboratory, and reimbursement information.



Coverage Policies Know how to interpret our standard health coverage plan provisions...



Forms Center
Easily find the right form for the right purpose.



Reference Guides
Review reference guides
to help make doing
business with Cigna
easier.



eCourse Learn how can help i easier.



# ELECTRONIC DATA INTERCHANGE

Method 2



### Electronic data interchange – eligibility and benefits 270/271 transaction

Does this service category require precertification?



# To find the precertification indicators on the 271 response:

Look in the eligibility and benefit (EB) segment for each Service Type Code (STC). The indicator will be shown in the second from the last field. Please see example below.

```
EB*C*IND*98***23*0.00****N*Y~

MSG*Medical~

MSG*Telehealth through contracted vendor~

III*ZZ*99~

EB*C*IND*98***23*0.00****N*W~

MSG*Medical~

MSG*PCP~

MSG*Specialist~

MSG*Behavioral~

MSG*Drug Abuse~

MSG*Psychiatric~

MSG*Alcohol Abuse~
```

EB = Eligibility or benefits

98 = Service type code for physician office visit

N = Precertification is not required for service type code 98



#### Clear Claim Connection<sup>™</sup> (1 of 3)

#### On CignaforHCP.com:

- Hover over claims
- 2. Click on View Claim Coding Edits
- Window will come up with Agreement
- Click I ACCEPT
- Sample screen will appear to enter patient information (see below):













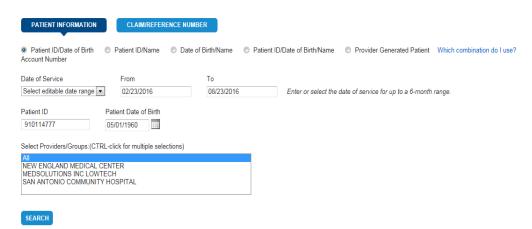






# DASHBOARD ■ CLAIM SEARCH ®

#### Claims Search





#### You are now leaving the Cigna for Health Care Professionals site.

Links to other websites are provided for your convenience. Cigna is not responsible for their content or accuracy.

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Please read and accept the following terms and conditions:

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10. Cigna has the right to modify or terminate Provider's access to the C3 Software at any time or for any reason, including but not limited to Provider's violation of any terms of this Agreement.

11. DFI is commercial technical data and/or computer databases and/or commercial computer software and/or commercial computer software documentation, an applicable which were developed exclusively at printer expense by the American Medical Jasocation, 155 florth State Street, Chicago, Illinois, 50510 U.S. Government rights to use, modify, reproduce, release, perform, display, or disclose these technical data and/or computer obstaves are object more formed rights restrictions of DFARS 5227.7202-16j,June 1999 and DFARS 5227.7202-36j,June 1999, as applicable for U.S. Department of Defense procurements and the limited right restrictions of DFARS 5227.7202-16j,June 1999 and OFARS 5227.7202-36j,June 1999 and DFARS 5

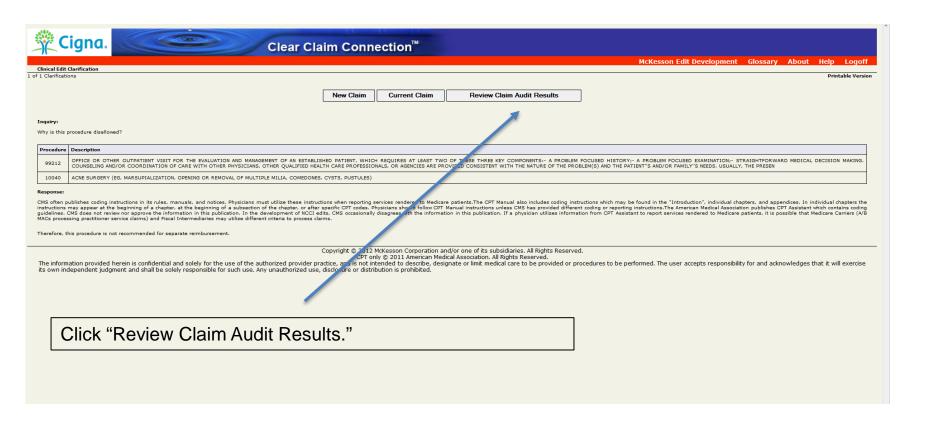
By clicking "I accept" below you are agreeing to the terms and conditions above. If you do not want to agree to these terms, click "I do not accept".





#### Clear Claim Connection (2 of 3)

Sample screen will come up where you can enter customer's information.



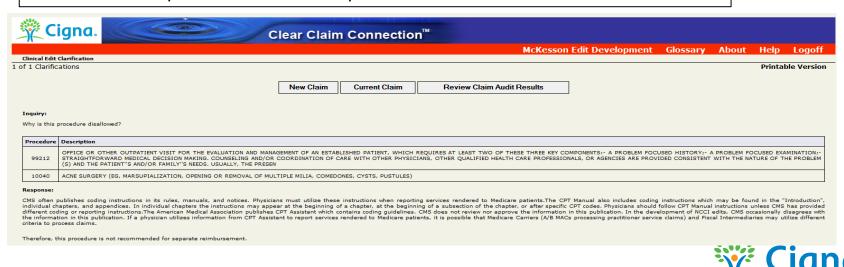


#### Clear Claim Connection (3 of 3)

Note that one claim will be accepted, and one claim will not. To determine why the claim will not be accepted, click "Disallow."



The next screen provides a detailed explanation.

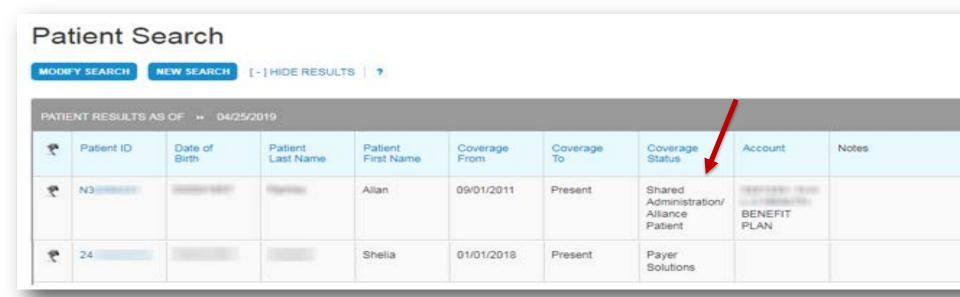


# CIGNAFORHCP.COM AND THIRD-PARTY ADMINISTRATORS

Payer Solutions and Shared Administration Accounts



### Identifying the type of account – payer solutions or shared administration



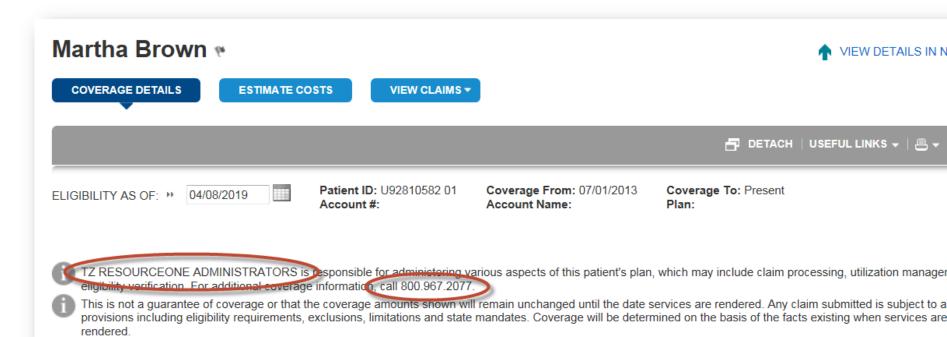


#### Patient search results

When searching for a patient, the Coverage Status column indicates if the plan is Shared Administration or Payer Solutions.



#### Identifying a patient with third-party administrator (TPA) coverage



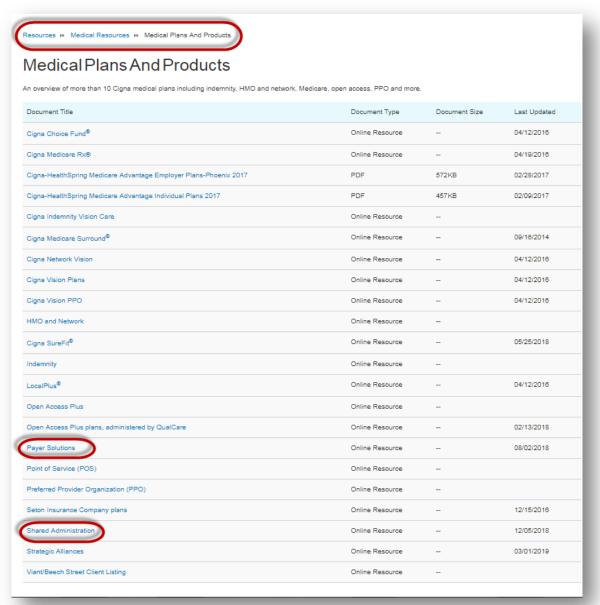


#### The Patient Eligibility and Benefits page

Under the coverage details section when the patient's benefits are not managed by Cigna, the website will indicate the TPA name and phone number.



### CignaforHCP.com > Resources > Medical Resources > Medical Plans and Products





### Resource pages exist for each plan type.

Each page has a link to a list of active Payer Solutions and Shared Administration accounts. The lists contain contact information including TPA website links, if available.



# Better health.

We're in it together.

### **CLAIMS PROCESSING**



#### Submitting attachments, and corrected and secondary claims

#### **Electronic claims with attachments:**

To submit electronic claims with attachments, including high-dollar itemized claims

- In the 837: Loop 2300 PWK (paperwork) segment of the claim, and indicate that notes will be faxed or mailed. (Do not put the actual notes in the segment).
- Include in the notes:
  - Patient name
     Health care professional Taxpayer Identification Number (TIN)
  - Total amount billed -- Date of birth
  - Patient Cigna ID
- Fax medical attachments to:
  - Cigna high-dollar claims1.859.410.2421
  - Cigna general claims (non-high dollar claims)
     1.859.410.2422

#### **Corrected claims submission:**

- In the Claim Frequency Type Code in Loop 2300, Segment CLM05, specify the frequency of the claim. (This is the third position of the Uniform Billing Claim Form Bill Type.)
- Use one of these codes:
  - 1 Original (admit through discharge claim)
  - 7 Replacement (replacement of prior claim)
  - 8 Void (void or cancel of prior claim)



#### **Duplicate claim denials**

### Submit Corrected claims electronically.

- Use the Claim Frequency Type Code in loop 2300, segment CLM05, to specify the frequency of the claim. (This is the third position of the UB04 bill type.)
- Use one of the following codes to indicate the claim type:
  - 1 Original (admit through discharge claim)
  - 7 Replacement (of a prior claim), include Payer Claim Control # in segment REF\*F8
  - 9 Void (or cancellation of prior claim), include Payer Claim Control # in segment REF\*F8

When a corrected claim is submitted, you will receive a "duplicate to claim already in process" denial message and the corrections will be applied to the original claim.

#### Claim denial reasons

# Avoid potential claim payment delays.

#### Frequent claim denial reasons:

- Duplicate claim submissions
  - claim already in process
  - claim previously processed
- Missing information
  - Medicare explanation of benefit (EOB)
  - Other insurance EOB
  - Revenue codes itemization

Carefully review the message(s) on your explanation of payment (EOP) to determine the reason for a denial of services or a payment reduction. If you have questions about a denial, please call the Cigna Customer Service number on the patient's ID card.





#### Requests for additional information

# Respond to requests for information timely.

Cigna routinely evaluates claims for coding, billing accuracy, and appropriateness and may request supporting claim payment information such as:

- An itemized bill
- Medical records

Once the claims review is completed, we will:

- process and reimburse the claim accordingly
- issue an explanation of payment
- send you a letter explaining any charges determined to be not payable

Visit the secure Cigna for Health Care Professionals website for a list of the Not-Payable Reason Codes, including descriptions and reconsideration criteria, at CignaforHCP.com > Resources > Reimbursement and Payment Policies > Clinical Claim Review Not Payable Reason Codes.



#### Payer solutions – points of interaction

#### Claim flow

- Claims should be submitted to Cigna (payer ID 62308 or to the claims mailing address on the patient's ID card
- Cigna prices the claims based on the network contracted rates
- The priced claim is then forwarded to the payer for payment based on the patient's eligibility and benefits
- The payers then remit payment following contractually agreed upon turnaround requirements

#### Clinical and contract-related appeals

- Appeals of clinical denials should be sent to Cigna using the contact information supplied in the denial letter(s)
- Appeals of application of contract rates should go to the address on the patient's ID card

#### Contact the payer\* for:

- Eligibility
- Benefits
- Precertification
- Claims status
- Non-pricing appeals
- \* The contact phone number is located on the patient's ID card

#### **Contact Cigna\* for:**

- Reimbursement issues
- Pricing appeals
- General contract questions
- \* The contact phone number for Cigna is 1.888.663.8081



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# PEER-TO-PEER PROCESS AND APPEALS



#### Peer-to-peer process



Request a peer-to-peer review before filing an appeal. It may result in a reversal of a previous coverage decision.





This review provides an opportunity to provide additional clinical information.



Initiate by calling: 1.800.88Cigna (882.4462), option 3. For individuals with GWH-Cigna or "G" ID cards, call 1.866.494.2111.



If the peer-to-peer review does not result in a revised coverage decision, you may still submit an appeal through our appeal process.





#### To file an appeal

#### **Appeals**

- Our process offers a single level of appeal.
- Appeals must be initiated within 180 calendar days of the date of the initial payment or denial decision.
- Decisions are made and communicated within 60 days of appeal receipt.
- Arbitration may be used as a final resolution step after the internal Cigna process is complete.
- CignaforHCP.com > Resources > Clinical Reimbursement Policies and Payment Policies > Claim Appeals > Appeal Policy and Procedures for Health Care Professionals.

#### Note:

Appeals policies may vary by state; statute supersedes Cigna policy. For details on state-specific dispute policies, see the claim appeal information posted on the website.

	Care Professional Payment Review	🐙 Cigna
BEFORE PROCEEDING, NOT	TE THE FOLLOWING:	**
had no payments to date a	e submitted to the claim address on the back of the patient's Gigna and/or you are submitting additional information for the initial revie customer's identification card.	
<ul> <li>Fas Schedule or reimbursement terms for multiple patients do not require individual appeals. Contact Gigna's Customer Service Department for further assistance, If you are a contracted Health Care Professional and you feel your contract is being inappropriately applied, please contact your Provider Services Representative at Gigna.</li> </ul>		
STEP 1:		
	rvice Department at the toll-free number listed on the back of the p ment reductions. If a Customer Service representative is unable to d ight to request an appeal.	
STEP 2:		
Complete and mail this form form. Your appeal should be required in your Provider Ag	and/or appeal letter along with all supporting documentation to th submitted within 180 days and allow 60 days for processing your a reement or by state law.	ne address identified in Step 3 on this oppeal, unless other timelines are
REQUESTS FOR REVIEW SH	OULD INCLUDE:	
payment is incorrect and submitting a letter, please 2. Include a copy of the orig 3. For reviews involving a pr	or an appeal letter requesting an appeal review and indicating the hould be changed. If submitting latter, plasse include all informat specify in the letter this is a Health Care Professional Appeal. and claim and the Explanation of Payment (EOP) or Explanation of Pa evious clinical denial, such as denied hospital days, lovel of care, me opporting documentation should include a narrative describing the sable.	tion requestéd on this form. If only enefits (EOB), if applicable. dical necessity or services denied fo
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### NATIONAL ANCILLARIES

Lowering costs without sacrificing quality





quality and cost-effective care

Accessible

Quality focused

Cost efficient

Patient oriented

**National Ancillary Programs\*** 

Service	National ancillary providers*	
Chiropractic	American Specialty Health®	
Dialysis	<ul><li>Davita</li><li>Fresenius</li></ul>	
Durable medical equipment, home health care, infusion therapy	CareCentrix	
Hearing	Amplifon Hearing Health Care	
High-technology radiology and diagnostic cardiology	eviCore healthcare	
Integrated Oncology Management Program	eviCore healthcare	
Laboratory**	<ul> <li>LabCorp<sup>®</sup></li> <li>Quest Diagnostics<sup>®</sup></li> </ul>	
Musculoskeletal and pain management	eviCore healthcare	
Orthotics and Prosthetics	Linkia	
Physical and occupational therapy	American Specialty Health®	
Radiation therapy	eviCore healthcare	
Sleep management services	CareCentrix	
Vision services	Vision Services Plan	

<sup>\*</sup>List is not all-inclusive of every national ancillary provider. Ancillary providers do not manage services in all states and markets.



<sup>\*\*</sup>We currently contract with numerous local and national laboratories, including LabCorp® and Quest Diagnostics, Inc. and other reference, pathology, genetic, and esoteric labs, to provide quality laboratory services at in-network, cost-effective rates.

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### **KEEPING YOU UPDATED**



#### **Coverage policy updates**

# policy

and

### coverage

updates

#### May 2019

- Infusion and Injection Administration Services
- Pass-through Bills for Laboratory Services
- Flow Cytometry (0537)

#### **April 2019**

- Peripheral angioplasty
  - —Percutaneous Revascularization of the Lower Extremities in Adults (0537)

#### March 2019

- Perfusionist services
  - —Facility Routine Services, Supplies and Equipment Reimbursement Policy (R12)
- Ashkenazi Jewish laboratory panel
  - —Genetic Testing Panels (R28)
  - —Genetic Testing for Reproductive Carrier Screening and Prenatal Diagnosis (0514)

#### February 2019

- —Diagnostic Microbe Testing for Sexually Transmitted Diseases (0530)
- —National Correct Coding Initiatives for Facilities Reimbursement Policy (R09)

Information about these updates is available on the Cigna for Health Care Professionals website (CignaforHCP.com).



#### Coverage policy updates on CignaforHCP.com





Logout

Enter Keyword

SEARCH RESOURCES

#### BROWSE RESOURCES DOCUMENTS



#### Precertification

Learn how to properly request precertification for medical procedures, delegated ancillary vendors, and medications.



#### Medical Resources

Explore our newsletters, case management and wellness programs, medical plans, and more.



#### Pharmacy Resources

Find information, drug lists and prior authorization forms.



#### Behavioral Health Resources

Review treatment guidelines for level of care determinations and clinical practice.



#### Behavioral Medical Management

Find the most relevant, up-to-date information on working together. This document is part of your contract.



#### Disability Resources

Get your questions answered and find the forms you need.



#### Reimbursement and Payment Policies

Find appeal policies, claim editing procedures, laboratory, and reimbursement



#### Coverage Policies

Know how to interpret our standard health coverage plan provisions.



#### Forms Center

Easily find the right form for the right purpose.



#### Reference Guides

Review reference guides to help make doing business with Cigna easier.



#### eCourses

Learn how Cigna tools can help make your job easier.



#### **Drug List**

Search for medications covered by Cigna plans.





#### **Precertification changes**

## Precertification

# changes

Current Procedural Terminology (CPT®) and Healthcare Common Procedure Coding System (HCPCS) codes were added to and removed from the precertification list effective August and October 2019.

#### For more information

Visit CignaforHCP.com for an outline of monthly precertification updates and a complete list of services that require precertification for coverage.

See Precertification Policies under Useful Links.





### resources

for you

- Quarterly Network News
- Use material in meeting packet
- Go to the Cigna for Health Care Professionals website (CignaforHCP.com)
- Contact:

Lindy Alexander, Experience Manager Email: Lindy.Alexander@Cigna.com

Thail. Lindy. Alexander @ Cigna. G

Telephone: 479.846.0205



Email: NetworkNewsEditor@Cigna.com to be added to the distribution.





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### **QUESTIONS?**



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